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Academy Of Nutrition And Dietetics Pocket Guide To Nutrition Assessment



Synopsis

This edition is substantially revised, with a new chapter on the Nutrition Care Process, updated information on nutrition screening, thorough coverage of the five categories of nutrition assessment data, evidence-based guidance on estimating energy and nutrient requirements, additional anatomical illustrations and an expanded glossary. Current recommendations, guidelines, and equations for all five categories of nutrition assessment data Evidence-based guidance on estimating energy and nutrient requirements Additional anatomical illustrations An expanded glossary with definitions of more than 400 terms and abbreviations used in this pocket guide

Book Information

Paperback: 273 pages

Publisher: Academy of Nutrition and Dietetics; 3 edition (October 15, 2015)

Language: English

ISBN-10: 0880914890

ISBN-13: 978-0880914895

Product Dimensions: 8.4 x 5.8 x 0.7 inches

Shipping Weight: 12.6 ounces

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Customer Reviews

Bought this for my daughter for a College Nutrition class she is taking and she loves it. It is a great guide!

Really good book to help you out and starting your internship with dietetics.

Excellent resource for school or on the job.

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